

day packages



Treat yourself or someone else to a day of personalized relaxation. Choose from one of our day packages listed below or create your own day package.

renew 4.5 hours \$293

relaxation massage / signature lactic plus-peel facial / lunch / signature pedicure / signature shellac manicure

restore 1.5 hours \$125

relaxation massage / spa pedicure
spa manicure

replenish 2.5 hours \$204

therapeutic massage / oxygenation facial
spa pedicure

relax 3 hours \$225

relaxation massage / bioelements facial
spa pedicure / spa manicure

rejuvenate 3.5 hours \$246

therapeutic massage / flaxx-c firming
facial / lunch / signature pedicure

rejoice

customize your own day package that suits to your needs by combining 3 or more spa treatments. Call for pricing (excluding waxing)

just the two of you

spa treatments together in your own private room. Selected any one of our facials, massages and/or body wraps (an additional \$10pp will be added)

please note: all custom packages offer 15% off regular menu price when booking 3 or more spa treatments per individual.

a 20% deposit is required for all custom day packages. Cancellation requires a minimum of 48-hours notice. Cancellation less than 48-hours will result in forfeiture of deposit. All custom day packages include 20% gratuity.

waxing

eyebrows	\$12	chest	\$30	underarms	\$30	half legs	\$50 & up
chin	\$12	abs	\$35	full arms	\$40	full legs	\$70 & up
upper lip	\$12	bikini	\$35	half arms	\$30	back	\$50 & up

hours | mon-thurs 10am-6pm | fri-sat 9am-3pm
evenings and groups by appointment

our policies

mission

our goal is to continually evolve as a sanctuary of wellness for all with the highest moral & ethical standards of service, quality and integrity.

punctuality

we have reserved time especially for you; therefore, a 24-hour cancellation (day package 48-hour) is required. Please reserve appointments accordingly to prevent any additional charges.

arrival

please arrive 10 minutes prior to your scheduled appointment to ensure a relaxing experience and to complete any necessary personal information for your spa services. Arriving late for an appointment will require us to shorten the length of your service or reschedule your appointment.

age requirements

we are unable to offer spa treatments or admission to anyone under the age of 12 years. Please note: children of any age may not accompany parents for treatments or in the waiting lounge. We are pleased to welcome guests of 12-17 years but require a parent or guardian to sign a consent for any one of our spa treatments. Thank you for your patience and understanding.

gift certificates

we offer customized gift certificates for any dollar amount (\$25 minimum). Gift certificates for services are valid 1 year from date purchased; gift certificates may be used to purchase products for up to 5 years from the date of purchase. No cash or charge refunds will be given.

gratuities and prices

we strive to offer excellent services at competitive prices; however, all prices are subject to change. For your convenience, we accept cash, personal checks, (return checks \$25 fee) & all major credit cards. In appreciation for outstanding services, gratuities may be offered at your discretion. Gift certificates do not include gratuities.



*relax in a unique,
serene setting*

massage

body wraps

bioelements facials

manicures

pedicures

waxing



117 S. Saginaw St. | Holly, MI 48442

248.328.9440

www.TheElementsDaySpa.com

facials

bioelements facial \$75

a custom blend for all skin types (recommended if this is your first facial and/or men's skin type)

manual microdermabrasion facial \$95

ultra-fine pumice crystals buff away dead, dulling cells to reveal fresh new skin.

Pores appear smaller. Skin feels smoother. (recommended in a series) 6/60 minute \$475

oxygenation facial \$85

revitalizes dull, sluggish, sleepy skin with stabilized hydrogen peroxide and pure lavender oil. Consider it a breath of fresh air for your skin.

signature lactic-plus peel facial \$105

the ultimate-strength peel; contains organic lactic acid, enhanced by pumpkin fruit enzymes & pomegranate to stimulate the skin. (recommended in a series / build your skin with any one of our 5 levels of exfoliations) 6/60 minute \$525

flaxx-c firming facial \$95

formulated with flaxseed, rich in omega-3 fatty acids to help strengthen skin, anti-oxidants vitamin C and red rooibos tea extract to brighten and protect from free radical damage.

stress solution facial \$85

calms, cools stressed skin, locks in moisture, helps skin look healthy and feel exceptionally smooth and improves texture.

Our 60 minute facial treatments offer a deep cleansing, exfoliation and hydration. A skin care system uses alpha hydroxy acids; for a smoother, fresher looking complexion. Along with a softer texture, diminished surface wrinkles, reduce fine lines, minimization of enlarged pores and reduces dryness and dehydration. We do go above and beyond and offer a lymphatic massage, hand and foot massage during all facial treatments.

sensitive skin & rosacea facial \$85

gentle cleanse, relieves dehydration and reduce redness while offering comfort to upset skin stress solution facial – calms, cools stressed skin, locks in moisture, helps skin look healthy and feel exceptionally smooth and improves texture.

vitamineral detox power facial \$85

filters out toxins with activated coconut charcoal; antioxidants neutralize and helps in absorbing nutrients. (recommended for men's skin type)

back facial \$85

deep pore cleansing suggested for acne-prone skin or those looking for a smoother, polished look.

acne clearing facial \$95

targets non-inflamed (black/white heads) and inflamed acne (papules/pustules) (recommended in a series) 6/60 minute \$475



pedicures/manicures - 30/45/60 minutes

our manicures and pedicures involves a cleansing of the feet, nail care, exfoliation, cuticle work, shaping of the nails, energizing massage and a fresh polish of your choice. A pedicure can be both relaxing and therapeutic therefore it is suggested every 6-8 weeks to maintain good health.

spa pedicure \$45

upgrade with our lavender paraffin dip \$10

spa manicure \$30

upgrade with our lavender paraffin dip \$10

signature shellac manicure \$35

is the true innovation in chip-free, extended-wear color! CND Shellac goes on like polish, wears like gel, and can be gently removed in minutes.

signature pedicure \$65

the ultimate upgrade with our exfoliating scrub, hydrating mask and lavender paraffin dip

massages - 30/60/90 minutes

a regular massage program is suggested for stress management; as it increases the function of joints and muscles, improves circulation, tones and relieves mental and physical fatigue. recommend every 4 to 6 weeks to maintain good health.

relaxation, deep tissue, aromatherapy or mother-to-be massage (recommended after first trimester)

30 minute \$45

60 minute \$65

90 minute \$120

Upgrade your 60/90 minute massage with Warm Lava Stones for \$10 when booking an appointment. (only available in 60/90 minute treatments)

body wraps - 90 minutes

detoxify and invigorate your body with anyone of our shower-less body wraps! These unique showers-less body wraps begin with an exfoliation and therapeutic massage. Find yourself drifting into a state of complete relaxation while being wrapped into a warm cocoon.

We've added the touch of either a facial massage or foot massage of your choice while you're cozy under our mylar blanket.

Once emerging from your wrap an application of hydrating lotion will end this unique experience. (not recommended for expecting mothers)

seaweed wraps \$105

uses high-potency, super hydrating blend of Sea Kelp

bioelements aromatherapy oil wrap \$105

promotes a sensory journey with your choice of aromatherapy blends

herbology body wrap \$105

chinese herbs used to retexture your skin

siddha body wrap \$115

an ancient healing system using a muslin bag filled with herbs, gently dipped in warm oils



ear candling \$55

a truly unique treatment that is recommended for allergy and sinus sufferers.

reflexology \$55

concentrates on the soles of the feet to provide relief throughout your entire body. (recommended as an add on to a facial treatment)